

# INSIDER'S GUIDE

NATHALIE JEAN, JEWELLERY DESIGNER

Originally from Montreal, Nathalie Jean visited Milan for a five-month stint and ended up staying 20 years. After working as an architect for 22 years, Jean now exclusively designs for her eponymous sculptural and fine jewellery line. A self-declared brioche and cappuccino aficionado, she's visited hundreds of cafés in the city to zero in on Milan's best breakfast. Her choice for best pastry is Taveggia (Via Visconti di Modrone 2, T 02 7628 0856), where the *treccina* is especially noteworthy. Her favourite cappuccino is at Pasticceria Bastianello (Via Borgogna 5, T 02 7631 7065) or at Pasticceria Sissi (Piazza Risorgimento 6, T 02 7601 4664).

Jean is also a fan of traditional Milanese restaurants and the attentive, old school waiters that serve in them, especially Il Baretto al Baglioni (see p044). For the freshest sushi, Jean frequents Yoshi, (Via Parini 7, T 02 3659 1742) in the Repubblica district, where young ex-Nobu chef Yoshinobu Kurio makes his own sake and offers soft-shell crab fresh from the waters near Venice. Although Jean describes Milan as the city where she 'works and works only', she likes to unwind admiring the contemporary art at Galleria Massimo De Carlo (Via Giovanni Ventura 5, T 02 7000 3987) and shopping at 10 Corso Como (see p019), which sells her jewellery line, but also the most covetable objects of fashion and design – 'you can't leave without picking up something'.

*For full addresses, see Resources.*

